

Healthy Kids Running Spring 2024 Schedule



WHO ARE WE?

HKRS is a national, community-based non-profit that provides a fun, inclusive five-week running series for ages 2-14, designed for kids to get active, feel accomplished and lay the foundation for a healthy lifestyle.

EVENT:

5 week running program, scoring based on finish, runners with the most points after final race win trophies, tshirts for full series participants, medal for all runners at week 5.

\$45 EARLY BIRD PRICING	FULL SERIES FIVE WEEK SERIES Rate until 3 weeks out from first race date*
\$50 FULL SERIES*	\$20 SINGLE RACE DAY ON-SITE, ONLINE, DAY-OF ONLY T-shirt Included as Supplies Last

healthykidsrunningseries.org/find-a-race

DIVISION	DISTANCE
Pre-K 2/3yr	50 Yard Dash
Pre-K 4/5yr	75 Yard Dash
K& 1st	1/4 Mile
2nd & 3rd	1/2 Mile
4th & 5th	1 Mile
6th, 7th, 8th	1 Mile

These materials are neither sponsored nor endorsed by the Fairfax County School Board, the superintendent, or this school.

Race Location: Stratton Woods Park, 2441 Fox Mill Rd, Herndon, VA 22071

Race Dates: Sundays in Spring 2024, on April 21st, 28th, May 5th, May 12th, May 19th

Race Time: 4:30 PM (group warm-up starts 4:15 PM)

Register Here: <https://healthykidsrunningseries.org/race-locations/herndon-va/>

Contact: Alicia Korol, Community Coordinator, herndonva@healthykidsrs.org, 315-717-5477

Note: Registration assistance available!